

Jonathon's Cork pleases GF diners; Bluepoint Kitchen next



The Gluten-Free Dining Club gave Jonathan's Cork, 6320 E. Tanque Verde Road, Tucson, kudos for caring service and really good food, which they sampled on March 17.

The GF Diners learned that Jonathan's Cork already was familiar with gluten-free requirements and other food sensitivities. Management promised uncontaminated pans and a safe, delicious meal - and delivered.

Filling in for Karen Keating, who is GF Dining Club chairperson,

Kathleen Fridye reported that her group ate grilled salmon steak with sides of baked potatoes and steamed vegetables. Fresh fruit was offered for desert

Not appearing at all were croutons in salads and baskets of bread. A non-celiac in the group had to ask for bread, Kathleen remarked.

The next GF Dining Club event will be held 6:30 p.m. April 21 at the Bluepoint Kitchen & Bar, 2905 E. Skyline Drive in La Encantada Plaza at North Campbell Avenue,

Tucson.

Please make reservations with Karen by April 16 at 885-4828, or email her at, kkeating111@hotmail.com. The GF Dining Club meets at 6:30 p.m. on the third Wednesday of the month.

www.SouthernArizonaCeliacSupport.org

CSA/USA - Ch. #15
Phone Contact:
Cleo Anderson
520.207.6874

Carry symptom cards at all times. Contact Shirley Curtis for them.

Leave symptom cards with your Dr.

Planning a visit to your primary care physician or your gastro specialist? Don't leave home without a stack of symptom cards your doctor can hand out to other likely Celiac patients.

The cards, in addition to symptoms, provide SACS contact information. Get in touch with Shirley Curtis before your appointment. Reach Shirley via our website (Southern ArizonaCeliacSupport.org) She will mail the cards to you immediately.

Use: info@southernarizonaceliacsupport.org to access this information

Bid on auction items at Celiac Walk

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- ♥ A quilt handmade by **Jill Rouw**, membership chairperson. The quilt, made from past Celiac T-shirts, measures 60"x70" and is valued at \$100.
- ♥ An original **Suddenly Susan** script, autographed by the entire cast and donated by **Michael Kelly**, now associated with the **George Lopez** show. It is valued at \$350.
- ♥ Numbered print, **Navaho Girls**, by **Sam Wisnom**, valued at \$500.
- ♥ Dine Out Basket valued at \$100 containing certificates from **(2) Buddy's Grill, Mimi's and Ye Ol'**

Lantern restaurants.

- ♥ Music Basket from **Beaver's Band Box**, a music store.
- ♥ Last Will and Testament, valued at \$175, by **James R. Beaman**, attorney.
- ♥ Dance classes, valued at \$50 with **Colleen Kelly Beaman**, Walk chairperson .
- ♥ Sports apparel valued at \$50 from **Lucy Active Wear**.
- ♥ Baskets of GF goodies from various vendors.
- ➔ Call Linda Canterbury, if **you** can donate items to the auction or the raffle. (phone number by request)

CSA/USA, Inc.

unveils new logo to go with updated website



www.csaceliacs.org