

SACS needs you to save Celiac lives

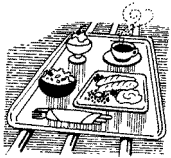
Take on a volunteer position today!

SACS is growing and so is our need for volunteers to fulfill our mission of encouraging diagnosis and guiding new Celiacs and members in managing the GF diet.

The rewards of becoming active include learning more about Celiac Disease and the satisfaction of helping others with CD.

Contributing time and effort to SACS is critical and in no way trivial. If we think about it, what we do as SACS volunteers, most probably saves the lives of some Celiacs!

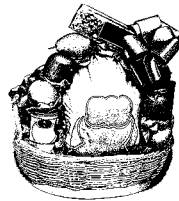
Here are the posts that need filling with descriptions of the responsibilities.



SACS EMTs:

Jeannine Faidley, past-president, is proposing a SACS Emer-

gency Meal Transport arrangement whereby hospitalized members can receive GF meals from volunteers. Jeannine would like for people who have done this before on their own to meet with her after the Sept. 11 general meeting to discuss organizational ideas. She would also welcome *any* volunteers and/or ideas.



Raffle Chairperson:

Organizes the raffles held at some general meetings and other events. The raffles of GF products not only raise funds for the

chapter, but they also serve to introduce new GF products to the group.

The raffle chairperson contacts vendors and other donors (including members) for GF prizes and makes up gift baskets. He or she also is responsible for selling the tickets and collecting and accounting for the raffle funds.

Basic math skills, room to store products and a desire to help are all one needs for this post. Ideally, more than one person could share the position, dividing the time and the tasks involved. Contact Georgina Rubal, president and past raffle chairperson, to get this job.

2005 Walk Co-Chairperson: This co-chairperson works on logistics regarding equipment, T-shirts, props, DJ, and other particulars so that they are in

General meeting

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gluten-free snacks to share. Since many of our members are sensitive to foods other than gluten, please list the ingredients or bring the wrapper from a purchased treat.

The meeting starts at 9:00 a.m. for coffee and 'meet and greet' for the first half hour. (*Directions: Enter TMC at traffic light, turn left a first stop sign, follow curve and go straight to the end. Park in either lot, but enter lower level for Rincon Room. Map is available online at www.SouthernArizonaCeliacSupport.org.*)

place when the Walk steps off. To do this job, you must be able to work on a deadline and have good organizational skills. The post comes with a "how to" notebook. If you fit this description, please contact Colleen Beaman (743-7979), the Walk co-chairperson who is signing sponsors for the April event.



Other Walk-Related Posts: Many other volunteers are needed for specific Walk-related tasks. Please contact Colleen Beaman (743-7979) to help. Meetings are on Saturdays in the months leading up to the Walk. These jobs include staffing food, T-shirt and registration tables, and the raffle, drink and product tables.

Phone-Tree Chairperson: The phone-tree leader works with at least 10 other volunteers to remind members of upcoming general meetings. The chairperson divides the phone list among herself and the other volunteers. You need a phone and about 30-45 minutes to make phone calls less than once a month. Contact Georgina Rubal if you can help with this as a volunteer or as the chairperson.



Yahoo Listserv Chairperson: Setup and moderate a Yahoo list restricted to SACS members to facilitate internet communication *within* our group. You need a computer with an internet connection. You must be comfortable with email and willing to check the account daily. The actual time on-line would be short, and hands-on help for set-up is available. Contact Georgina Rubal, president, or Shirley Curtis, web mistress, if you can help with this..

SACS Leadership Contacts

Send an email to: info@southernarizonaceliacsupport.org for contact information.