SACS seeks help; four jobs open

Please talk with board members (see SACS Leadership column Page 5) right away if you believe you can fill any one of four new positions that are opening up for next term (July 1, 2004 – June 30, 2005) on the SACS board.

SACS is looking for four talented and experienced people (enthusiasm counts, too) for the following positions: Raffle chairperson; grant writer, co-chairperson for the 2005 Walk, and a newsletter writer -- copy/layout editor.

The *raffle chairperson* solicits businesses and others for raffle prizes and also oversees raffle sales at all events. Georgina Rubal, our former raffle chairperson and member-at-large, is president-elect and will likely be elected president on May 22, 2004.

The *grant writer* should be familiar with government and private grant writing techniques so that we can compete successfully for funding related to our mission. That mission is to bring awareness of Celiac Disease to the public and to the medical profession so that fewer Celiacs go through life suffering needlessly.

Co-chairperson for the Celiac Walk, 2005 will mainly coordinate publicity. He or she would be working with Colleen Kelly. Walk related activities are year round.

The *newsletter writer -- copy/layout editor* provides SACS-related news stories to the *Celiac Digest* to keep the membership informed of chapter events, leadership contacts, and other items of interest. The writer – copy/layout editor- will work with Shirley Curtis. Shirley also writes for the newsletter, does the design work on her computer, and gets the copies printed and mailed. Shirley is our web mistress as well.

Evelyn Cohen, who worked with Shirley on the newsletter for the 2003-2004 term, plans to do publicity intended to raise public awareness of SACS and CD.

Bluepoint scores; GF Diners break for summer

Atmosphere and the well-prepared American menu selections highlighted the GF Dining Club's visit April 21 to the Bluepoint Kitchen & Bar, 2905 East Skyline Drive at Campbell in La Encantada Plaza, Tucson.

"The chef, Justin Mayer, is very accommodating to our dietary requirements and willing to make substitutions. Roughly half the items are GF. We had the blackened salmon Caesar salad, and the grilled salmon and grilled chicken. Both were delicious," said Karen Keating, GF Dining chairperson.

The Gluten-Free Dining Club, which is taking a summer break, recommends that SACS members sample offerings at the six Celiac-aware restaurants the club visited over the last several months.

Those restaurants include the Kingfisher Grill, the Adobe Wine Deli, PF Chang's Chinese Bistro, Elle, and Jonathan's Cork. If you go, please tell them you are affiliated with CSA/USA through Chapter 15, SACS.

The next meeting will be in September at a time and location to be announced. If you have suggestions for 2004 - 2005 GF Dining Club activities please contact Karen at 885-4828 or email - KKeating1111@hotmail..

Has GF brochure

From pizza dough to Thai stir fry, Wild Oats has an extensive listing of GF products in its nine-page gluten-free product guide. This brochure is available in store or on their website as a printable download: http://www.wildoats.com/content/12644_Gluten_Free_Guide.pdf Sensitive celiacs will appreciate that some products are noted as possibly having cross-contamination problems and which are made in a dedicated facility or meet Codex standards.

If you sign up your e-mail address at the Wild Oats site, you will receive e-mails from time to time with coupons for discounts. As a bonus, Wild Oats gives a 10% discount to anyone 60-years-old or over.

Food Fair

(Continued from Page 1)

This issue of "Celiac Digest" also includes the slate for the election of Chapter 15 officers for the 2004 – 2005 year so that you will be prepared to vote.

While the Food Fair/Election meeting will be our last general meeting for our 2003-2004 fiscal year. The Roundtable Forum, chaired by Mary Louise Catura, a past SACS president, meets through the summer.

Roundtable sessions are set for 1 p.m. on the fourth Wednesday of the month (except November and December) in the Columbus Library, East 22nd Street at South Columbus Boulevard, Tucson.