



Celiac Digest

A publication of the Southern Arizona Celiac Support Group (SACS)

online at WWW.SouthernArizonaCeliacSupport.org

DISCLAIMER: This publication is intended as a general information resource for gluten-intolerant individuals. It is NOT intended for use in diagnosis, treatment, or any other medical application. Please consult your physician for professional medical advice and treatment.



Election, Food Fair set for May 22

Don't miss the Food Fair and the election of Chapter 15, CSA/USA officers starting at 9:00 a.m. Saturday, May 22, when SACS meets in the Marshall Auditorium on the Tucson Medical Center campus, North of East Grant Road at Beverly Avenue, Tucson. It is our last general session until September. (See map and the agenda on Page 6, which is the back of Page 5.)

Food Fair goodies are donated by manufacturers or retailers for our grazing pleasure. There also will be free samples to take home. Best of all, **you** do not have to prepare anything. Some of the foods that require cooking or baking, however, will be prepared by SACS board members so that we can sam-

ple them. Entry to the meeting is free, and non-members are welcome, also.

Do bring your checkbook, however, because some of your favorite GF products, as well as CD Walk polo shirts (\$12), and CD Walk T-shirts (\$5) will be offered for sale.

Your checkbook also will come in handy because it is membership renewal time. *Please fill out the renewal form inserted in this "Celiac Digest" and bring it with you.* Chapter dues have gone from \$10 to \$12 for the year starting July 1, 2004.

Members not paid up (or granted dues assistance) by September will not be on the 2004-2005 "Celiac Digest" mailing roster. Your resident immediate family receives membership by your dues, and one need not be a Celiac to be a member. However, each paid-up member household receives only one copy of "Celiac Digest" in each mailing.

(Please see **Food Fair** page 2)

SACS enjoys CD Walk while raising (GF) dough for research

SACS received more than \$7,000 by April 29 for Celiac research through pledges and contributions to the Third Annual Walk for Celiac Disease. Although the CD Walk was held on April 24, pledge and purchase fulfillments as well as donations normally continue through May. CD research at the University of Maryland, Baltimore, benefits from our efforts.

If you could not be at the University of Arizona campus for the Walk, you can still contribute to the international effort

for Celiac Disease by donating what you can afford during the May 22 Food Fair/Election general meeting at Tucson Medical Center's Marshall Auditorium.

About 150 SACS members, friends and relatives participated in the CD Walk on the administration building mall at the University of Arizona, Tucson.

Among those taking to the podium at the event was U.S. Rep. Jim Kolbe of Tucson, a Republican representing Ari-

zona's eighth Congressional district. Rep. Kolbe pledged support for H.R. 3684, the food-labeling bill, which already has been approved in a similar form by the Senate. Passage of the law would make it easier for Celiacs to identify gluten in foods.

In addition to the "World's Longest Gluten-Free Buffet," enter-

tainment included the Saddle Brooke Silver Belles, a group of mature dancers comprised of Ann Kurtz, Vivian Herman, Marcy Dale, and Kathy Anderson. A change of pace was provided by the Pima County College Kelly Dancers -- Christiana Russell, Heidi Cornwall, Brittany Hanna, and Elizabeth Kosonoy, a teacher of folk lore, from Nogales.

(Please see **CD Walk** page 3)

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Walk Co-chair Colleen Beaman chats with Rep. Jim Kolbe at the Celiac Walk April 24.