

## SACS gets new website

By EVELYN K. COHEN

We launched [SouthernArizonaCeliacSupport.org](http://SouthernArizonaCeliacSupport.org), our new website, in November of 2003. If you are not on-line, get thee to a library and check it out. It's worth the trip.

This website provides regular updates of chapter doings as well as links to other CD-related websites. Members are encouraged to send in their recipes and the URLs of sites they recommend.

Visit our site to catch up on meetings, CD research, and GF products. Check out recipe links, shopping tips, and meeting photos.

Thanks go to Shirley Curtis, web mistress and co-editor of this newsletter, for creating and maintaining our wonderful new website.



## Chewy Pecan Pie Bars

*(Jeanette Sather brought these scrumptious cookies to the last Roundtable meeting. Everyone asked for seconds.)*

- ¼ C butter or margarine, melted
- 2 C packed brown sugar
- 2/3 C \*GF flour
- 4 eggs
- 2 tsp. vanilla extract
- ¼ tsp baking soda
- ¼ tsp salt
- 1/2 tsp xanthan gum (optional)
- 2 C chopped pecans
- Confectioner's sugar



Pour butter into a 13x9x2 inch baking pan; set aside. In a mixing bowl, combine brown sugar, flour, eggs, vanilla, baking soda and salt. Mix well. Stir in pecans. Spread over melted butter. Bake at 350 F for 30-35 minutes. Remove from oven and immediately dust with confectioner's sugar. Cool completely before you attempt to cut into bars.

\* Authentic Foods' Bette's Featherlite Rice Flour (rice flour, corn starch, tapioca flour, potato flour). It is available at the *New Life Health Food Store* on Broadway or online at [www.glutenfreemall.com](http://www.glutenfreemall.com).

## Mark your calendar

**Jan. 21, 6:30 p.m.** --Gluten-Free Dining Club, *PF Chang's*, River Rd. & Campbell Ave. RSVP by Jan. 16, Karen Keating, 885-4828. Meets third Wednesday, different restaurants.

**Jan. 24, 8 a.m.** -- Walk meeting, all welcome, Rincon Room, Alamo Building Tucson Medical Center.

**Jan. 24, 9 a.m.** -- General meeting, Rincon Room, Alamo Building, Tucson Medical Center.

**Jan. 28, 1 p.m.** -- Roundtable, Columbus Library, E. 22nd St. & S. Columbus. Meets fourth Wednesday, same time/place.

**Feb. 18, 6:30 p.m.** -- GF Dining, *Elle*.

**Feb. 21** -- Walk meeting. For time/place,

phone or email Colleen Beaman, Georgina Rubal, or Karen Keating. See Leadership Contacts page 2 for phone/email info.

**Feb. 25, 1 p.m.** -- Roundtable. See Jan. 28.

**March 13** -- Walk meeting. See Feb. 21.

**March 14, 2 p.m.** -- Pot Luck, Reid Park.

**March 17, 6:30 p.m.** -- GF Dining, *J.Cork*

**March 22**, -- Walk meeting. See Feb. 21.

**March 24, 1 p.m.** -- Roundtable Forum

**April 10** -- Walk meeting. See Feb. 21.

**April 17** -- Walk meeting. See Feb. 21

**April 21, 6:30 p.m.** --GF Dining, TBA.

**April 24, 8 a.m.** -- Third Annual Celiac Walk, University of Arizona Mall, Tucson.

**April 28, 1 p.m.** -- Roundtable Forum

**May** -- Food Fair. Time and place TBA.